

Warm-Up Set 1

Option 1

Option 1 drum notation. 15 measures. Measures 1-4: R R R R R R R R. Measures 5-8: L L L L L L L L. Measures 9-12: R R R R R R R R. Measures 13-15: L L L L L L L R.

Option 2

Option 2 drum notation. 15 measures. Measures 1-4: R R R R R R R R. Measures 5-8: R R R R R R R R. Measures 9-12: L L L L L L L L. Measures 13-15: R R R R R R R R.

Option 3

Option 3 drum notation. 15 measures. Measures 1-4: R R R R R R R R. Measures 5-8: R R R R R R R R. Measures 9-12: L L L L L L L L. Measures 13-15: L L L L L L L R.

Warm-Up Set 1

Option 1 (roll all notes)

Option 2

Option 3 (wrist strokes)