

Long Tones (cont.)**Long Tone 1**

Long Tone 1 is a long tone exercise divided into four sections: a, b, c, and d. These long tone exercises may be played as separate long tones or one continuous long tone. Younger players may find these long tones to be an effective range-building exercise.

Trumpet Example

The musical notation for the Trumpet Example is presented in four sections, each on a single staff with a treble clef and a key signature of one sharp (F#). The sections are labeled 1a, 1b, 1c, and 1d.

- 1a:** Consists of two staves of music. The first staff contains measures 1 through 7, and the second staff contains measures 8 through 14. The notes are: 1 (F#4), 2 (G4), 3 (A4), 4 (B4), 5 (C5), 6 (B4), 7 (A4), 8 (G4), 9 (F#4), 10 (E4), 11 (D4), 12 (C4), 13 (B3), 14 (A3).
- 1b:** Consists of two staves of music. The first staff contains measures 1 through 7, and the second staff contains measures 8 through 14. The notes are: 1 (F#4), 2 (G4), 3 (A4), 4 (B4), 5 (C5), 6 (B4), 7 (A4), 8 (G4), 9 (F#4), 10 (E4), 11 (D4), 12 (C4), 13 (B3), 14 (A3).
- 1c:** Consists of two staves of music. The first staff contains measures 1 through 5, and the second staff contains measures 6 through 10. The notes are: 1 (F#4), 2 (G4), 3 (A4), 4 (B4), 5 (C5), 6 (B4), 7 (A4), 8 (G4), 9 (F#4), 10 (E4).
- 1d:** Consists of two staves of music. The first staff contains measures 1 through 6, and the second staff contains measures 7 through 12. The notes are: 1 (F#4), 2 (G4), 3 (A4), 4 (B4), 5 (C5), 6 (B4), 7 (A4), 8 (G4), 9 (F#4), 10 (E4), 11 (D4), 12 (C4).

Rehearsal Suggestions:

- Have students listen for unison releases on count 3.
- Have French Horns play optional octaves as necessary.
- Have the woodwinds play while the brass buzz on their mouthpieces simultaneously or "follow the leader" every two measures.
- Ask vibrato instruments to alternate days with and without vibrato.
- Have students vary rhythms on each pitch (subdivide into quarter notes, eighth notes, etc.).
- Have trombones use the glissando technique to create better pitch accuracy and to make efficient use of air.