

Daily Warm-up



Harmonics: Place your right hand on the barrel. (see photo) Fingering the first note (Partial 1), overblow to play the harmonics (Partial 2 and Partial 3). Practice using 2, 3, 4, 5, or 6 vibrato cycles per beat.

1.

D=18

Counted Vibrato: Smoothly slur each pair of notes using 4 vibrato cycles per beat. $\text{♩} = 60 - 80$

2.

Balance of Trills: Play with articulate fingers; move fingers from the third knuckle.

3.

D=18

A Minute of Tonguing: With right hand on barrel, tongue 8 beats of sixteenths, rest two, and repeat 8 times. $\text{♩} = 72 - 160$

4.

D=18

Air Speed Exercise: After playing B3, play the lowest note you can get with this fingering (D#2). Keeping your embouchure intact, increase the air speed to move up through the next note (C#) until you reach the B3. Repeat with Bb3, A3, etc.

5.

D=18

x = The exact pitch may vary depending on the design of the flute.

Third-Octave Wiggles: First, practice with regular fingerings. Then, practice with trill fingerings.

Play with articulate fingers; move fingers from the third knuckle (except LH1). $\text{♩} = 60 - 160$

6.

D=18

x4