

Daily Warm-up

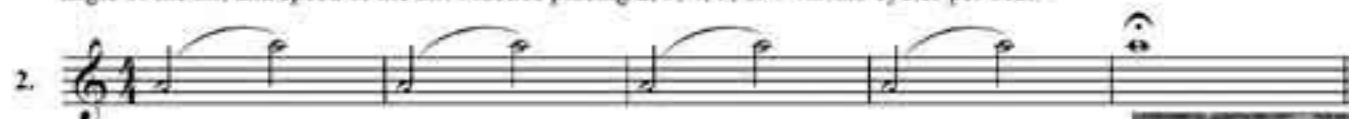
Headjoint Only: You can play two notes on the headjoint with the end open: A1 and A2.

Play A1 in the rhythms below tonguing all notes with a *T*, *K*, or *TK*, *T* articulation per eighth note. Or, develop vibrato cycles by practicing the eighths with *H/H* staccato (produced in the vocal folds) alternating with *H/H* staccato slurred. Remember to observe the following:

1. Place head at the bottom of a small nod.
2. Hold headjoint in the *cradle* position.
3. Bring the headjoint to YOU.
4. Place headjoint *in* chin.
5. Keep the embouchure hole level.
6. Aperture and embouchure hole should be aligned.



Slur the notes A1 and A2 on the headjoint only as shown below. To play the higher note (A2), think about aperture size, angle of the air, and speed of the air. Practice placing 2, 3, 4, 5, or 6 vibrato cycles per beat.



Harmonics: Put the flute together and place your right hand on the barrel. (see photo)

Fingering the first note (Partial 1), overblow to play the harmonics (Partial 2 and Partial 3).

Practice using 2, 3, 4, 5, or 6 vibrato cycles per beat.



Left-Hand G Major Scale: Place right hand on the barrel and play with VF and VB.

VF = forward = Shift weight forward.
VB = back = Shift weight back.
(See page 3 for more details)



Octave Practice: Think about which of the named fingers moves to change octaves. Start with the first eight measures of octaves and add one new measure per week.

