

LESSON ONE

This lesson is written in the Key of C major, in $\frac{4}{4}$ time, and the exercises contained herein are composed of eighth notes. It is very important that every note contained in these exercises must be struck correctly. Keep a steady tempo slow enough so that every note can be struck correctly. If necessary at first count four beats to each measure. As the exercises become easier to you, count two to each measure. Then in order to gain more speed, give one count to each measure.

1. Repeat this exercise three minutes without stopping. Keep a steady tempo.

2. Repeat this exercise three minutes without stopping. Steady tempo.

3. Repeat this exercise twenty times without stopping.

4. Repeat this exercise twenty times without stopping.

5. Repeat this exercise twenty times without stopping.

6. Repeat this exercise ten times without stopping.

7. Repeat this exercise ten times without stopping.

8. Repeat this exercise ten times without stopping.

9. Play this exercise ten times before going to the next. Keep a steady tempo. Do not strike any wrong notes. Keep hammers LOW.

10. Repeat this exercise fifteen times without stopping. Every note must be struck correctly, so govern speed accordingly. Keep a steady tempo.