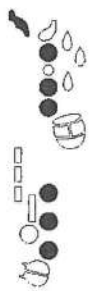


LESSON 1

The First Note



These "flag" symbols indicate something new. New notes are flagged as "NEW."



A numbered flag refers to the **Index of Musical Terms** on the back cover.

1 The First Note *Repeat many times.*

Whole note. Whole rest.
Four counts in 4/4 time. Four counts in 4/4 time.

Good tone quality requires good breath support. You cannot become an outstanding player unless you have a supported sound.

2 Whole Notes and Whole Rests *Count each line carefully. Count the rests silently.*

3 Quarter Notes and Quarter Rests

4 Mixing It Up

5 Half Notes and Half Rests

6 All Kinds of Notes

7 All Kinds of Rests *Write the counting on the lines below the staff.*