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Cupla Cups

for 5 Cup Aficionados

by John R. Hearnese
Medium - 4:00 / 5 Players

Instrumentation

**(5) 22 oz. plastic (stadium) cups, *(10) 3 oz. paper (bathroom) cups,
8' Table, (5) chairs**

** You'll need a good supply of paper cups for rehearsal.*

Performance Notes for *Cupla Cups*

The best tools for learning this piece are the video tutorial and the performance video. Sometimes it is much easier to see how a certain part goes than it is to read about it. Visit www.rowloff.com and look for the videos that go along with *Cupla Cups*.

Explanation of Sounds:

Third Line X – Clap hands

On the Table

Below Staff X – Hands drum on table

First Space Regular – Hit the open end of the cup flat on the table

First Space Diamond – Hit the closed end of the cup flat on the table

First Space Open – Cross one cup over the other

First Space Open Diamond – Move hands out to neighbors' playing positions

Second Space Regular – Hit the rim of the open end of the cup on the table

Third Space Regular – Slide the cup on the table (to other players or to oneself)

On the Cup

Second Line X – Hit the open end of one cup on the closed end of the other

Fourth Space Regular – Drum on the closed end of the cup with fingers

Above Staff Regular – Make a sound while lifting the cup (could be a grab and lift)

Above Staff X – Make a sound while grabbing the cup

Third Line Open Diamond – Clap both cups together

Fourth Line Open Diamond – Hit closed ends of cups on neighbors' closed ends of cups

The plastic cups used for the piece should be large enough to drum on, make good sounds, and to fit easily in the hands. For the video performance, 22 oz. stadium cups were used. For the paper cups section, the 3 oz. cups work best for smashing (larger ones were harder to smash in rhythm). If you want to “go green,” fake the smash until close to performance time.

In measure 25, if the grab/lift doesn't create enough sound to finish the phrase, feel free to add a vocal (like “hey” or “yeah”) on count 4.

Feel free to add any vocals, visuals, and theatrics to the piece as desired. Have fun with it!

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♩ = 120

Start with a stack of five plastic cups.

slide to C2

grab another cup from stack

slide to C2

grab another cup from stack

Sheet music for the first system of "Cupla Cups". It consists of five staves labeled "Cups 1" through "Cups 5". The music is in 4/4 time. Cup 1 starts with a whole note C2, followed by a half note C2, and then a quarter note C2. Cup 2 starts with a whole note C2, followed by a half note C2, and then a quarter note C2. Cup 3 starts with a whole note C2, followed by a half note C2, and then a quarter note C2. Cup 4 starts with a whole note C2, followed by a half note C2, and then a quarter note C2. Cup 5 starts with a whole note C2, followed by a half note C2, and then a quarter note C2. The music is marked with a dynamic of *mf* (mezzo-forte) and includes instructions for sliding to C2 and grabbing another cup from the stack.

Sheet music for the second system of "Cupla Cups". It consists of five staves labeled "Cups 1" through "Cups 5". The music is in 4/4 time. Cup 1 starts with a whole note C2, followed by a half note C2, and then a quarter note C2. Cup 2 starts with a whole note C2, followed by a half note C2, and then a quarter note C2. Cup 3 starts with a whole note C2, followed by a half note C2, and then a quarter note C2. Cup 4 starts with a whole note C2, followed by a half note C2, and then a quarter note C2. Cup 5 starts with a whole note C2, followed by a half note C2, and then a quarter note C2. The music is marked with a dynamic of *mf* (mezzo-forte) and includes instructions for sliding to C2, C3, C4, and C5, and grabbing another cup from the stack.

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pg. 2

A

mf

mf

mf

mf

mf

Measures 10-13. Staves 1-5. Measure 10: Cup 1 (R), Cup 2 (R), Cup 3 (R), Cup 4 (R), Cup 5 (R). Measure 11: Cup 1 (L), Cup 2 (L), Cup 3 (L), Cup 4 (L), Cup 5 (L). Measure 12: Cup 1 (R), Cup 2 (R), Cup 3 (R L R), Cup 4 (R), Cup 5 (R). Measure 13: Cup 1 (L), Cup 2 (L), Cup 3 (R L R), Cup 4 (L), Cup 5 (L).

1. **2.**

mf

mf

mf

mf

mf

Measures 14-17. Staves 1-5. Measure 14: Cup 1 (R), Cup 2 (R), Cup 3 (R L R), Cup 4 (R), Cup 5 (R). Measure 15: Cup 1 (L L), Cup 2 (L L), Cup 3 (L L), Cup 4 (L L), Cup 5 (L L). Measure 16: Cup 1 (R R), Cup 2 (R R), Cup 3 (R R), Cup 4 (R R), Cup 5 (R R). Measure 17: Cup 1 (R), Cup 2 (L R), Cup 3 (L R), Cup 4 (L R), Cup 5 (L R).