

Body Jams

6 Body Percussion Pieces

by Murray Houllif

Contents

Foreword	2
Introduction - Understanding Rhythms	3
Plymouth Rock	7
Score	8
Yomambo	10
Score	11
Three For The Road	12
Score	13
Player 1	16
Player 2	18
Player 3	20
Carumba	22
Score	23
Player 1	26
Player 2	27
Player 3	28
Swing Kings	29
Score	30
Player 1	35
Player 2	37
Player 3	39
A Latin Confection	41
Score	42
Player 1	48
Player 2	50
Player 3	52
Player 4	54
About The Composer	56

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Play the following exercises. The repeat sign (||) tells you to play the entire exercise once again.

1. **a.** **b.** **c.** **d.**

count aloud 1 2 3 4 1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 + 1 + 2 + 3 + 4 +

tap foot ↓ ↓ ↓ ↓ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑ ↓ ↑

2. **a.** **b.** **c.** **d.**

1 e + a 2 + 3 + 4 + 1 e + a 2 + 3 + 4 + 1 + 2 e + a 3 + 4 e + a 1 e + a 2 + 3 e + a 4 +

↓ ↑ ↓ ↓ ↓ ↓ ↓ etc.

3. **a.** **b.** **c.** **d.**

1 + 2 + 3 e + a 4 + 1 + 2 e + a 3 + 4 + 1 e + a 2 + 3 e + a 4 + 1 + 2 + 3 e + a 4 +

↓ ↓ ↓ ↑ ↓ ↑ ↓ etc.

4. **a.** **b.** **c.** **d.**

1 2 3 T L 4 T L 1 2 T L 3 4 T L 1 T L 2 3 4 T L 1 2 T L 3 T L 4

↓ ↓ ↓ ↑ ↓ ↑ ↓ etc.

5. **a.** **b.** **c.** **d.**

1 + a 2 + 3 + a 4 + 1 + a 2 + 3 + 4 + a 1 + 2 + 3 + a 4 + a 1 + 2 + 3 + a 4 +

↓ ↑ ↓ ↑ ↓ ↑ ↓ etc.

6. **a.** **b.** **c.** **d.**

1 + 2 + 3 e + 4 + 1 e + 2 + 3 e + 4 + 1 + 2 + 3 + 4 e + 1 e + 2 e + 3 + 4 +

↓ ↑ ↓ ↓ ↓ ↑ ↓ etc.

7. **a.** **b.** **c.** **d.**

1 e + a 2 3 e + a 4 1 e + a 2 3 e + a 4 1 e + 2 + 3 + 4 + a 1 e + a 2 e + a 3 4

↓ ↑ ↓ ↓ ↓ ↑ ↓ etc.

8. **a.** **b.** **c.** **d.**

1 2 T L 3 T L 4 1 T L 2 3 T L 4 1 T L 2 T L 3 T L 4 T L 1 2 3 T L 4

↓ ↓ ↑ ↓ ↑ ↓ etc.

Suggestion - Play measure *a* alone and repeat four times. Then add measure *b*; play *a* and *b* four times. Do the same with measures *c* and *d*. Then play *a* through *d*.

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Swing Kings

This composition is written in the swing jazz style. It is a form of American music which developed in the early 1930's and became a distinctive style by 1940. The swing band (or big band) consisted of a strong rhythm section of string bass, drums, piano and often guitar which anchored a brass section of trumpets and trombones, and a woodwind section of saxophones and clarinets. Medium and fast tempo tunes were the predominant choices played in a lilting swing rhythm based on the eighth note triplet (see below). There is much rhythmic syncopation with the emphasis played on the off-beat (or upbeat) which had customarily been the weaker pulse in classical music. Soloists would improvise melodies over the chordal structure or *changes* of the written music. The verb *to swing* is also a term of praise for playing which has a strong rhythmic groove or drive. Legendary swing big band leader, Duke Ellington, put it very succinctly when he wrote the tune, *It Don't Mean A Thing If It Ain't Got That Swing*.

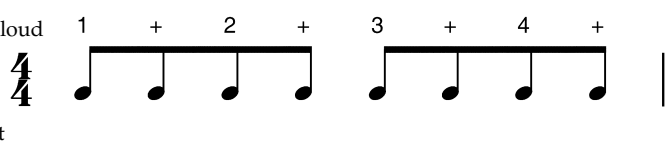
In addition to Duke Ellington, notable innovators include Chick Webb, Fletcher Henderson, Benny Goodman, Count Basie, Cab Calloway, Gene Krupa, the Dorsey Brothers, and Buddy Rich to name a few.

Practice the following rhythm patterns before playing *Swing Kings*:

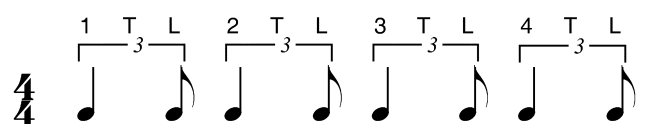
1. At the beginning of a swing band arrangement (or "chart") you will see this direction:

Swing 

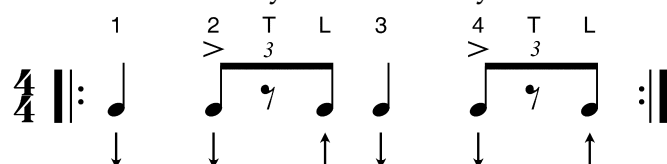
When this is written:

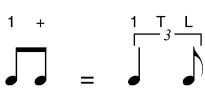
count aloud 

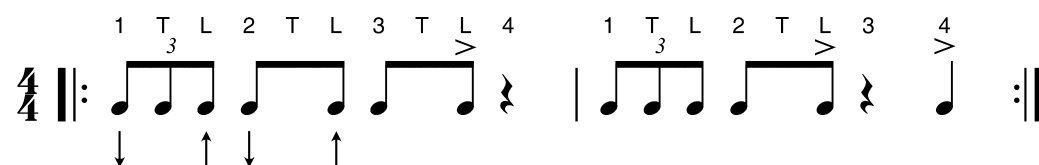
It is played like this:

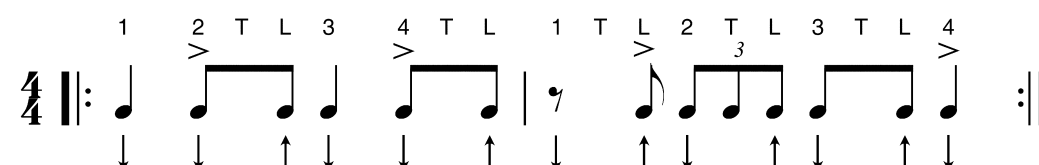


2. The drummer's ride cymbal beat/rhythm



Play these exercises in the swing style: 





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Grade 3
duration 2:15

FULL SCORE

Player 1

Hand clap Pat Thigh Pat Tummy Foot tap

Whispered vocal syllable "Shup"

Player 2

Hand clap Pat Thigh Pat Tummy Foot tap

Whispered vocal syllable "Shup"

Player 3

Hand clap Pat Thigh Pat Tummy Foot tap

Whispered vocal syllable "Shup"

KENDOR PRESENTS

Swing Kings

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Swing jazz ♩ = 138 (♩ = $\frac{3}{4}$)