

Be Sure to Read The Introduction!!

Allow the lips and the continuous flow of air do the work. Hold mouthpiece pressure to a minimum. Relax corners of the mouth and drop lower jaw slightly for the lower intervals! Keep red part of lips curved slightly inward. Breathe deeply but keep arms, shoulders, neck, and upper body fully relaxed.

Slowly ♩=60

The first exercise consists of six staves of music in bass clef. The first staff is marked with a first ending bracket and includes dynamics *mp* and *mf*. The music features various intervals and slurs, with some notes marked with '1' or '2' to indicate fingerings.

After attack anchor tip of tongue against lower teeth and keep tongue low and well forward. Prepare for drop to lower interval by raising tongue just behind tip to "ee" vowel position on last count of 1st measure. On count one of second measure relax lips, drop lower jaw slightly and return tongue to "ah" vowel position simultaneously.

Slowly
tah-ee-ah

The second exercise consists of three staves of music in bass clef. The first staff is marked with a first ending bracket and includes dynamics *mp* and *mf*. The music features various intervals and slurs, with some notes marked with '1' or '2' to indicate fingerings.