The beginning of Exercise 1 A is played as follows:

- a. place fingers 2 and 1 on the strings
- b. play finger 2
- c. play finger 1
- d. place fingers 2 and 1 on the next strings
- e. play finger 2
- f. play finger 1

etc.

In Exercise 1 B, three fingers are placed at once; and in Exercise 1 C, all four fingers are placed together.

Practice these exercises first with the right hand, and then with the left hand an octave lower. Practice them slowly, being sure that all the fingers in the brackets are placed before you begin.

