

No. 1

Directions: Play one exercise a week practicing it five times daily. While each new exercise is being mastered, keep reviewing the old ones once each day. Do this until the entire book has been learned.

Ascending

1 *f*

5 *simile*

9 *Descending*

13 *simile*

The musical score for Exercise No. 1 consists of four exercises, each in 4/4 time. Exercise 1 is marked 'Ascending' and 'f'. It features a right hand with eighth-note ascending patterns and a left hand with eighth-note descending patterns. Exercise 5 is marked 'simile' and continues the pattern. Exercise 9 is marked 'Descending' and features a right hand with eighth-note descending patterns and a left hand with eighth-note ascending patterns. Exercise 13 is marked 'simile' and continues the pattern. The left hand plays the same notes as the right hand, two octaves lower.

*Note: The left hand plays the same notes as the right hand, only two octaves lower. This is true for the entire book.