

Help Yourself

Tom Jones

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Music by Labati Carlo Donida & Giulio Rapetti
Transcribed & adapted by Myles Collins

♩=180 LATIN FEEL

The musical score is arranged for a Latin feel at 180 bpm. It features five saxophones (SAX 1 ALTO, SAX 2 ALTO, SAX 3 TENOR, SAX 4 TENOR, SAX 5 BARITONE), four trumpets (TRUMPET 1-4), four trombones (TROMBONE 1-4), guitar, piano, bass, drums, and a vocal line. The score is divided into two main sections by a double bar line with a circled 'A' above it. The first section consists of measures 1-4, and the second section consists of measures 5-8. The key signature is B-flat major (two flats). The time signature is 4/4. The saxophones and vocal line play a melodic line, while the brass instruments (trumpets and trombones) play a rhythmic accompaniment. The guitar and piano provide harmonic support with chords and arpeggios. The bass and drums provide the rhythmic foundation. The vocal line enters in measure 5 with the lyrics: "Love is like can - dy on the shelf, We're al - ways told re - peat - ed - ly".

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The musical score is arranged in a standard orchestral layout. It includes five vocal parts (Alto 1, Alto 2, Tenor 1, Tenor 2, Baritone), four Trumpets, four Trombones, Guitar, Piano, Bass, and Drums. The vocal parts are written in treble clef with a key signature of two flats (Bb). The instrumental parts are also in Bb. The score is divided into measures, with measure numbers 9 through 15 indicated below the vocal line. The lyrics are written below the vocal line, starting with 'you want to taste' in measure 9 and ending with 'help your - self, ba - by I'm' in measure 15. The score includes various musical notations such as dynamics (e.g., *mp*, *mf*), articulation (accents), and performance instructions like '2ND X ONLY' for the Trombone section. The guitar and piano parts include chord symbols such as Eb, Eb7, Ab, and Ab7. The drum part is indicated by a double bar line with a slash and a circled '3' above it, suggesting a specific drum pattern.

9 you want to taste 10 then - a help your 11 self. 12 13 The sweet - est things 14 are there for you, 15 help your - self, ba - by I'm
the ver - y best in - a life is free, and if you want to prove it's true,

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The musical score is arranged for a vocal ensemble and a jazz band. It consists of the following parts:

- Vocal:** Lyrics are provided for measures 16 through 22. The lyrics are: "take a few, that's what I want you to do. Just help your -".
- Alto 1, Alto 2, Tenor 1, Tenor 2, Baritone:** Vocal parts with lyrics.
- Trumpet 1-4:** Instrumental parts with "PLAY" markings.
- Trombone 1-4:** Instrumental parts with "PLAY" markings.
- Guitar:** Chordal accompaniment with chord symbols: $\bar{8}b7$, Eb , $\bar{8}b7$, Eb , $Eb\Delta7Eb6$, Eb N.C., Eb .
- Piano:** Chordal accompaniment with chord symbols: $8b7$, Eb , $8b7$, Eb , $Eb\Delta7Eb6$, Eb N.C., Eb .
- Bass:** Bass line with measure numbers 16, 17, 18, 19, 20, 21, 22.
- Drums:** Drum notation with measure numbers 16, 17, 18, 19, 20, 21, 22.

The score includes first and second endings (1. and 2.) for several instruments and the vocal line. The key signature is B-flat major (two flats).