

Prelude A

DAVID WILLIAM BRUBECK
ASCAP

Prelude A and Introduction: Start Here!

These lessons work best with a teacher, and even better when Mom, Dad, or your favorite grown-up learns along with you. Enjoy!

A Few Basics Before You Begin.

When you play a brass instrument like the trombone **YOU are the instrument and the trombone is just an amplifier.** You are the instrument because your lips buzz to produce the sound. Playing a brass instrument is almost like singing with your buzzing lips.

Easy Does It!

In order for your lips to buzz properly, you need a relaxed and steady air stream. (Relaxed air provides the energy for the lips to buzz.) The ideal breath in (or inhalation) is a yawn, and the ideal breath out (or exhalation) is a sigh. Practice by breathing in for four counts through your nose and then exhaling for four counts through you mouth. Think of the breath in and out as two halves of one continuous motion. Let's try it!

Yawn and Release

Snap your fingers to a steady medium beat and yawn in for four counts (with an open mouth) and then release as a sigh for four counts.

(Yawn In) 1 2 3 4 (Release out) 1 2 3 4 And Repeat.

Now Relax your body and gently stretch.

Think of allowing the air in and (especially) out. Don't over do it, a nice easy breath is all you will need. Your body should be relaxed and loose, but sit or stand up tall.

Try the exercise again.

5-minute Lesson No. 1

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YAWN 2 3 4! Relax. Easy. Do not hold the air

YAWN in for 4, Release for 4

Place mouthpiece in the middle left to right
and 2/3 upper lip, 1/3 lower lip.

YAWN 2 3 4 Release 2 3 4

Marry Had a Little Lamb Happy Birthday
Hot Cross Buns Whatever!

Say 'M' 'Buzz' A Song

Sing, Buzz, and Play!

Sit up tall Sword Swallower Hold all the weight on the left hand.

1 2 3 YAWN F 1 2 3 YAWN F Airplane

Clap & Count

A. B.

1 2 3 4 1 2 4 1 2 3 1 3 4

Tip of tongue to roof of mouth Repeat

Yawn E♭ Y E♭ Y

Sing, Buzz, and Play!

Yawn E♭ Y E♭ Y

Keep elbow in position. Reach into

Sing, Buzz, and Play!

Yawn 1 Y 2 Y 1 Y 3

4 F E F E♭

Clap & Count, and Play

dOH dOH dOH

1 2 3 4 1 2 3 4

Sing, Buzz (2 bars) I Like My New Trombone (DWmB)

Teacher Plays, You Repeat

I like my new t - bone

Smooth Slide

the slide is ve - ry long I play this fun - ny song all the day long.

5-minute Lesson No. 5

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Clap & Count! $\frac{3}{4}$

A. 1 + 2 + 3 + B. 1 + 2 + 3 + C. D. E. F. G. H. I.

YAWN 2 3 4 5 6 RELEASE 2 3 4 5 6

'M' 2/3 Upper Lip Buzz a Song! (Or five!)

(Y) 1 6 4 G

SBP

(Y) 4 3 A \flat

SBP

Students 'Echo' Teacher every 2 bars

SBP $\frac{4}{4}$

Fiona's Song (David William Brubeck)

Cayman's Song (DWmB) 2 bar 'Echo'

Hot Cross Buns (2 bar 'Echo')

Merrily We Roll Along

Mer - ri ly we roll a - long, roll a - long, roll a long.

Mer - ri ly we roll a - long. All the live long day.

5-minute Lesson No. 10

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